## **Supporting Healthy Choices**



# Information for Food Vendors

The WA School Canteen Association Inc. (WASCA) with support from Healthway offers a complimentary service to assist vendors to improve the range of food and drinks available at events and programs.

#### How does it work?

- WASCA provides assistance by assessing your menu using the 'Traffic Light System'. Food and drink items are classified as being either green, amber or red. The classification is based on the nutritional content (e.g. green foods are healthy choices)
- WASCA provides you with feedback on easy options to enhance the nutritional content of foods (e.g. how to reduce salt or fat). An individual report is provided which is a valuable reference tool
- Additionally, WASCA can provide supplier details for healthier food and drink items if required

### Want to get involved?

Forward your menus. We will assess your menu and provide you with the percentage of green, amber and red items you are offering.

Recommendations will also be provided for you to consider. This will act as a guide to encourage the inclusion of more 'green' items.

### Please forward menus to:

Jessica.Franklin@education.wa.edu.au

By sending in your menu there is also the opportunity for you to be added to the Healthier Vendor Guide.

WASCA is always on the lookout for great vendors to add to our list of healthier vendors. This list is used by organisations seeking healthy vendors at Healthway sponsored events.

WASCA looks forward to working with you to ensure that healthy food and drink choices are included on your menu. If you have any questions, please do not hesitate to contact Jessica Franklin on 9264 5096.

